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For Immediate Release

**Disabled Athletes From Around the World to Compete in
28th Annual Bayada Regatta in Philadelphia**

Mount Laurel, N.J. (August 25, 2009) – On your mark...get set...row!

The 28th annual Bayada Regatta, the oldest adaptive rowing event in the world, will take place on Saturday, August 29 from 9:00 a.m. to 4:00 p.m. on the Schuylkill River in Philadelphia. The Regatta attracts some of the top adaptive rowers in the world, with World Rowing Championship rowers expected to participate in this year's event.

The participants -- classified according to their abilities, age, and experience -- will compete in mixed and single events designed for novice, veteran and youth rowers. The regatta has historically featured rowers with a diverse range of disabilities, including blindness, visual impairment, multiple sclerosis, cerebral palsy, spina bifida, post-polio complications, paraplegia or quadriplegia.

Lifelong athlete John Curran, of Wyomissing, Pa. says he never thought he'd be able to row a boat after losing his vision six years ago. But this year Curran, who also kayaks, skis and bikes, will participate in his fifth Bayada Regatta. "It isn't really about the races," he says. "It's about the friendships we make and the support the racers find in one another. You won't find any 'poor me' types around here."

The Bayada Regatta is hosted by the Philadelphia Rowing Program for the Disabled (PRPD), which trains many of the regatta's competing athletes. The event is sponsored by Bayada Nurses, who largely staff the event with volunteer employees.

Admission to the regatta is open to the public and free. Regatta attendees can gather at St. Joseph's Boathouse along Boathouse Row, where music, entertainment and free refreshments will be provided. The rain date is Sunday, August 30.

About the Philadelphia Rowing Program for the Disabled (PRPD)

The Philadelphia Rowing Program for the Disabled (PRPD) provides recreational and competitive rowing opportunities for the physically disabled. For more than a decade, PRPD has been a leader in the movement to make the sport of rowing available to everyone. For more information on PRPD or the Bayada Regatta, call 215-765-5118.

About Bayada Nurses

Founded in 1975, Bayada Nurses provides nursing, rehabilitative, therapeutic, and personal home health care services to children, adults, and seniors in the comfort of their own homes. Over 12,000 nurses, home health aides, and therapists work from more than 140 offices in 18 states and the United Kingdom. For more information, visit www.bayada.com.

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