

REASONS TO CHOOSE KAISER PERMANENTE

See how our care and coverage can help you thrive



Choose your doctor; get enhanced family benefits

Choose or change your doctor – 700+ physicians and clinicians in 100+ specialties.

Family benefits with \$0 copays¹ for routine prenatal and labor and delivery and primary care for children.

Most doctors accept new patients.

Go to kp.org/searchdoctors

Healthy extras

With ClassPass, access up to 4,000+ on-demand video workouts at no additional cost and livestream fitness classes at discounted rates.

Earn a FREE gym membership at fitness centers statewide.¹ And take advantage of discounted rates at other participating fitness centers. Or, choose a home fitness kit for just \$10 each calendar year.

Go to kp.org/fitrewards

Convenient and easy

Use our mobile app or go online to email doctors, make appointments, refill prescriptions, and more.

19 facilities statewide, plus evening and weekend hours.

Doctors, labs, and pharmacy under one roof at most Kaiser Permanente locations.

Register at kp.org/register and download our mobile app



For more information about the Kaiser Permanente benefits available to you, please contact your benefits manager or your Human Resources department.

¹ This is a summary of routine maternity and primary care office visits for children covered at \$0 copays. This doesn't fully explain all benefits, cost sharing and out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and cost sharing. Refer to your Evidence of Coverage at kp.org/eoc.

² Go to kp.org/fitrewards for details and more information

ENHANCED FAMILY BENEFITS

When your plan renews, you'll enjoy \$0 copays for routine maternity services and primary care office visits for children.³ You get \$0 copays for:

- Routine prenatal care
- Routine labor and newborn delivery
- A follow-up visit for mother and baby
- Primary care office visits for children through age 17

Check out what comes with your health plan and see how your health care dollar may go further with Kaiser Permanente.



Kaiser Permanente plan comparison summary (enhancement in orange)

Services offered	Kaiser Permanente 401	Kaiser Permanente 420
Annual deductible	\$0	\$0
Annual out-of-pocket maximum	\$2,500 (individual) / \$7,500 (family)	\$2,500 (individual) / \$7,500 (family)
Primary care doctor office visits	\$15 copay	\$15 copay for adults 18+; \$0 copay for children through age 17
Specialty care doctor office visits	\$15 copay	\$15 copay
Lab and imaging (basic/specialty)	10% of charges (basic & specialty)	10% of charges (basic & specialty)
Testing	10% of charges	10% of charges
Outpatient surgery	\$15 copay	\$15 copay
Maternity	\$0 copay for routine prenatal visits, first postpartum visit, and routine newborn delivery	\$0 copay for routine prenatal visits, first postpartum visit, and routine newborn delivery
Inpatient hospital	\$75 copay per day	\$75 copay per day
Emergency services	\$75 copay (worldwide)	\$75 copay (worldwide)

³ This document is intended for marketing purposes and it may not describe your particular Kaiser Permanente health plan benefits. This document is only a summary of routine maternity services and primary care office visits for children covered at \$0 copays.