When to Start Home Health Care



Follow this checklist from **BAYADA Home Health Care** to learn the signs of when you or a loved one may need home health care services. **If you answer "yes" to one or more of these questions, call us at 215-253-4880 for a fr ee, professional evaluation.**

For Patients		
Do you:	Yes	No
Have difficulty accomplishing household tasks (laundry, cooking, dishwashing)?		
Struggle with personal care tasks (bathing, dressing, grooming)?		
Need assistance getting in and out of bed?		
Worry about being safe when left alone?		
• Live far away from family members or close friends who can help with care?		
Need more advanced care than a family member can provide?		
Have difficulty swallowing?		
Need help with medication management?		
Experiencing breathing problems?		
• Fall on a frequent basis?		
• Have mobility issues (need assistance from a walker or wheelchair)?		
Require assistance with a ventilator?		
Experience frequent hospital admissions?		
Need assistance 24 hours a day?		
For Caregivers		
Are you:	Yes	No
Fearful of leaving your loved one alone?		
 Finding that your loved one's care is becoming exceedingly demanding on your time, emotions, and physical abilities? 		
Unable to have respite time for yourself?		
Unable to provide the advanced care that your loved one requires?		
Unable to take care of household tasks due to caring for your loved one?		
• Missing out on your own social and personal activities because of caring for your loved one?		
• Unable to assist your loved one with personal tasks (bathing, dressing, grooming) on a consistent basis?		

